



AUGUST 2008

Q MAGAZINE

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q comment: ON TOP & ABROAD

By the time you get to read this I will be in Mexico City at the **International AIDS Conference**. Run on alternate years to the IAS [International AIDS Symposium], the IAC will discuss the issues surrounding the HIV/AIDS pandemic world-wide and present to the delegates the latest findings, research advancements, and to discuss topics of interest including social marketing and legal issues.

Although I am on the other side of the world however I was fortunate to get Media accreditation and will be reporting on JOY 94.9fm and to MCV [with website updates and reports in the publication itself].

I look forward to bringing back to Australia a more global understanding of the work being done in the vital health areas such as education, prevention and advocacy, assisting our own response with this knowledge.

Closer to home: you will notice that we have continued our tour around the country - this month exploring the wonders of the **Northern Territory**. Quite a number of years ago, I spent ten years on a monthly basis travelling to Nhulunbuy [commonly known as Gove], singing and hosting karaoke at the Arnhem Club. I have also visited Darwin several times. It is a fascinating state and one which every Australian should make it their quest to see.

Just before I went away I had the great opportunity to see The Production Company's **Follies** at the magnificent Arts Centre. A stella cast as always with Debra Byrne, Judi Connelli, Nancye Hayes and Melissa Langton giving stand-out performances. Celebrating their 10th Anniversary, **The Production Company** have a wonderful line-up of shows for you this season, and although you will have missed **Follies** by now, make sure you get your tickets now for **Damn Yankees** - happening at the Arts Centre from the 20th to the 24th of this month. For all the dates, the shows and how to get your tickets go to www.theproductioncompany.com.au

I hope you enjoy this month's Q Magazine.

I look forward to flying back into Melbourne on the 13th for my birthday and also to see the issue myself.



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Cover picture
With compliments of Tourism NT

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ISSN 1449-499X

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q feature: THE TOP END IS GREAT!

GET THAT GREEN FEELING

Got an urgency to get away - big time and soon? Buzz up to Darwin on one of those cheap Jetstar or Tiger flights and take in the hectic month of August. There's the DARWIN CUP on the first weekend; OUT ON THE WEEKEND for the gay and lesbian community on the next weekend; and the DARWIN FESTIVAL for the rest of the month. This includes the sensational TELSTRA ABORIGINAL ART AWARDS at the local Museum and Art Gallery.

But more on that later.

Of course there's heaps of other stuff happening in the broader community of the Territory, like the GUNBALANYA Cultural Open Day at Oenpelli on August 23rd. Just a two and a half hour drive out of town.

If you want to do the whole TERRITORY then fly to Alice Springs and take in its RODEO or THE HENLEY ON TODD. Visit ULURU and WATARRKA or just drop in to the beautiful scenic gorges east and west of the Alice. The weather is almost perfect in August,

Alice is an amazing place to visit. There's heaps of fabulous Aboriginal Art Galleries, and the sensational Desert Wildlife Park. And some great coffee shops and restaurants to wile away time in and watch the world go by.

If you are visiting on the weekend the Friday evenings gives you the opportunity to catch up with the locals at THE ALICE RESORT, just over the river from the city centre. The local gay and lesbian community meet there for drinks and nibbles after 5.30pm.

For more details on what is happening in their community contact Phil and Glenn on 08.89526441 or Kalika on 08.89523638.

Should you be able to visit later in the year then expect it to be warmer and prettier. The clouds from the northern build up venture south filling the the exceptional blue sky with fluffy little white things. September has the ALICE DESERT FESTIVAL and BASS IN THE DUST The Alice is hosting the MASTERS this year in October and if you are competitive and a bit older than 25 you too can compete in a number of events including track and field and swimming. It is a truly wild time for

those involved, but accommodation can be a bit difficult to find if you leave it too late.

Later in the year THE TOP END, as it is affectionately known, gets greener. The build up happens and that's when things get sticky, but the sky is amazing with fabulous clouds and thunderstorms and incredible lightning shows. It is a great place to visit in THE WET. The waterfalls have heaps of water flowing over them and the place really comes alive. And Darwin certainly buzzes. Darwin is the place to stay to get out and about that top end part of the country. There are heaps of tours you can take to Kakadu, Litchfield and Katherine. From day trips to several days. To do the place justice you really need to give Kakadu more than one day. It has an incredible array of natural native rock art galleries, spectacular waterfalls and the amazing Yellow Waters cruise where you come up close and personal to the wildlife of the top end. My advice is to do the early morning cruise and you see and hear the country come to life. It is also cooler and really quite pleasant.

Just south of Darwin an hour and a half by road is LITCHFIELD NATIONAL PARK that hosts a selection of all year round running waterfalls and pools. They invite you to swim in them and it is only Wangi that is not swimmable after the wet really starts (around January). The water is a bit fast and dangerous for the inexperienced, but the scenery is great. Included in the park is Tolmer Falls, Buley Rockholes, Florence Falls and many more. On your way out there you pass through Batchelor which has two gay and lesbian owned and operated accommodation places.

Further down the Stuart Highway (commonly called the track) is Katherine and its Gorge and Mataranka thermal pool. For the really fit it is worth hiring a canoe or kayak and going up the gorge camping overnight. There are also half day and full day cruises up the gorge. It is sensational scenery and the experience you will remember for a lifetime.

And around DARWIN:

Cruise on the harbour in the evening and take in the sunset with a wine in your hand. Visit the markets on a Saturday or Sunday and take in the local takeaway cuisine or a handcrafted souvenir of the place. The most famous markets, the MINDIL MARKET, stops when the wet approaches but if you are here between April and October you can experience this fabulous night on a Thursday or Sunday.

Watching the movies at the DECKCHAIR CINEMA is a must for one night at least. You get to sit on a deckchair with a wine, champers or beer in hand (which is sold there at the cinema), watch a really good movie and maybe even have a possum jump on your lap. The Deckchair only runs until mid November and starts again the next year in April.

There's the local THROB nightclub, gay owned, which happens on Friday and Saturday nights from 11pm to 4am. It's the place to be seen and to pick up. If you are a water lover you can not only do the harbour cruise but walk our fabulous broad beach at Casuarina. It includes the nudust section. You can dive a wartime wreck, or do a fishing charter where they guarantee you catch a barramundi.

There's a great array of eating places in Darwin so you could do the culinary

beat for a week and not get tired of the different foods. Darwin's premier night time restaurant is THE HANUMAN, an asian/indian gourmet restaurant. The best lunchtime venue is the local Museum and Art Gallery's CORNUCOPIA, overlooking Fannie Bay's blue waters. Probably the cheapest eats in town are at STOKES HILL WHARF. This is south of the city and on the harbour within walking distance too. In the wet season it is the best place to sit and eat in the evening, watching the approaching lightning and thunderstorms roll in over the harbour. The light show can be absolutely sensational.

Darwin has a big gay and lesbian community but unfortunately no specific gay venues. The community meet in various places, like THROB NIGHTCLUB, ABSOLUTELY BOOKSHOP, THE BEACHFRONT HOTEL and THE BOARDWALK CAFE on Saturdays for brekkie.

If you want to know more then I suggest you google gay darwin or www.darwinpride.com

The second weekend of August this year will be OUT ON THE WEEKEND, a PRIDE replacement for the locals. Friday 8th will be RED SUNSET ON THE ROCKS - redwine and nibbles from 6pm to 8pm at the Nightcliff foreshore. Saturday 9th will be a HARBOUR DANCE PARTY on THE SPIRIT OF DARWIN from 8pm to 11pm. Sunday 10th a LUNCH ON THE HARBOUR and a dip in the sea at 1pm, then QUEER SCREEN at the Deckchair Cinema at 7.30pm. Monday 11th will be AN EVENING AT CHAR, a mini degoustation at one of Darwin's premier restaurants.

For more, log on to www.tourismtopend.com



At Mindil Markets

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*This article was kindly submitted by Peter Caust who operates absolutely bookshop, Shop 6, 48 Marina Boulevard, Cullen Bay, NT 0820 Phone (08) 89411363 Fax (08) 89411375
Images supplied by Tourism NT*

Q money: with EVAN DAVIS

G'day and welcome to Q Money. We are only one month into the new financial year and I have already over spent! I'm still reeling from the sales so now is the time to stop and review my personal finances and look at that most hideous of all things...my household budget. Historically my budget has simply been an effective way of me feeling guilty both before and after I spend any money. With this in mind, it is definitely time to cover a few tips for the financial year.

Put a savings plan into place. If you aren't clearing debts and don't have a home loan, it is a great idea to try and save a little of your hard earned pay. Having a regular fixed component of your salary paid into a dedicated savings account each pay cycle can be a great way to start. For many people the simple fact they can't see it in their day to day account is enough to ensure they don't spend it. After all, you can't miss what you don't have! Also enquire at your bank about high interest savings accounts. There are now dozens of these accounts available which might give you a boost.

Review all of your debts. Check the details of your home loans, personal loans, credit cards and leases. It never ceases to amaze me how many people have no idea what their rates or repayments are! Finance products are changing all the time. Regardless of whether interest rates are high or low, a good mortgage broker can be one of your best financial buddies. They will have heaps of options and best of all their service is free. By checking the rates and the fees on your mortgage, a simple refinance could potentially save you thousands!

Loose your credit cards and personal loans, these things are expensive. Consolidating them into the mortgage can be a quick way of resolving them. This will free up extra money for your day to day budget, but don't fritter it away. Try making additional lump some repayments on the mortgage or simply devoting some of the new cash to increasing your mortgage repayments. More often than not this will provide you with the greatest saving and over time may help you build wealth or equity in your property.

Create a budget. I know this seems obvious and boring. Budgets often fail because people have unrealistic expectations of what they can achieve and are disappointed when they realise this isn't the case. Monitor your expenses over a couple of

months and record what you spend. Make sure you collect receipts (you'll need them for tax time anyway) and actually write it all down. You'll see a pattern emerge and soon see where you'll be able to bring the expenses down. Remember budgets let us know what we can't afford this alone won't stop us buying it! So a realistic budget will be easier to stick to. You can't complain you don't know where your money goes if you are the only one who spends it.



Joke of the Month

Unhappy Pharmacist

Dude walks into a pharmacy laughing hysterically, orders 2 condoms, still laughing, pays the pharmacist and walks out laughing. The pharmacist is perplexed but doesn't give it a second thought. The next day the same guy walks in laughing hysterically, orders 2 condoms, still laughing, pays the pharmacist and walks out laughing.

The pharmacist remembers the day before and starts to wonder what's up but not for too long because he has work to do. The next day the same guy walks in laughing hysterically, orders 2 condoms, still laughing, pays the pharmacist and walks out laughing. Now the pharmacist is intrigued as to what is going on with this guy so he arranges with his assistant to follow the guy and find out where he is going, should the man return.

Wouldn't you know it, The same guy comes back the next day, laughing hysterically, orders 2 condoms, still laughing, pays the pharmacist and walks out laughing.

The assistant followed him as per his orders and came back 20 minutes later. The eager pharmacist asked his assistant where the man went? The assistant said:

"Your house."



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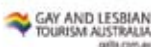
The Rainbow Connection

www.aliceiswonderland.com/rainbow is the first and only gay owned/operated accommodation provider in Central Australia that caters exclusively to the national and global gay and lesbian travel markets.

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q review: LANDS END & ALTAR BOYZ

Arts Projects Australia presents Compagnie Philippe Genty performing their new work Lands End

Lands End, the acclaimed latest work from the master of theatrical fantasy and illusion, Philippe Genty, will have its premiere Australian performances in August and September this year.

Conceived and directed with Genty's long-time collaborator and wife Mary Underwood, Lands End features a brilliant cast of seven multi-skilled performers who offer a breathtaking visual feast of theatrical illusion, dance and puppetry. This is Genty's largest production to tour to Australia.

An intriguing mix of puppetry, illusion, mime and dance, Lands End is a poetic journey through a dreamlike landscape. Philippe Genty dives deep into the subconscious and creates a series of extraordinary scenes which are by turns whimsical, melancholy, and playful.

Lands End premiered in France late 2005, and has since toured throughout Europe and Asia to great acclaim. In 2007 it was part of the prestigious London International Mime Festival.

Lands End follows two characters – a man and a woman – on a surreal quest for an illusive, ephemeral goal. They travel through fantastic theatrical continents encountering a cast of enigmatic characters. With haunting themes, thought-provoking ideas and delightful comedy, Lands End is both entertaining and spectacular.

Philippe Genty has been enchanting audiences around the world for more than four decades with his fantastical puppetry and physical theatre. Originally studying as a graphic designer in Paris – something surely informing the aesthetic of his productions – in 1961 he set out on a four-year tour, performing on four continents. Since then, he and his company have played stages in every corner of the world, developing a theatrical vocabulary that embraces puppetry, illusion and mime and influencing artists across many genres.



The Philippe Genty tour of Lands End is supported by the French Embassy in Australia and Alliance Française.

MELBOURNE - the Arts Centre, State Theatre, 12-16 August Bookings: theartscentre.com.au, 1300 136 166, the Arts Centre Box Office or Ticketmaster outlets 1300 136 166 or www.ticketmaster.com.au, CANBERRA - The Playhouse, Canberra Theatre Centre 20-23 August Bookings:

Canberra Ticketing 02 6275 2700 or www.canberraticketing.com.au SYDNEY - Sydney Theatre 27 August to 6 September Bookings: Sydney Theatre 02 9250 1999 or www.sydneytheatre.org.au ADELAIDE - Her Majesty's Theatre 10-13 September Bookings: BASS 131 246 or www.bass.net.au



The multi award winning and longest musical to play off Broadway in years, Altar Boyz, has had its highly anticipated Australian premiere to a very enthusiastic response at Sydney's Seymour Centre.

The shows premise is very basic – the Altar Boyz, a five piece boy band in their final performance of their national 'Raise the Praise' tour. In just over ninety minutes, we bare witness to the trials and tribulations of life in a boy band, while they try to redeem the lost godless souls of the audience. With the early proliferation of musical outfits such as Westlife and Human Nature combined with the evangelical organizations such as Hillsong Ministries, there is much inspiration to draw upon. While Altar Boyz has the potential to become a clichéd product of itself, director Kate Gaul has taken everything we have



come to love (and hate!) of the boy band phenomenon to present a highly entertaining and fast paced production.

Robert Gavin's musical direction and leader of the four piece band offers a driving accompaniment to the highly energetic choreography by Anthony Ginandja. While some sound issues did mar the early part of the show, these did settle down as the show progressed. While opening night audiences can be predictably enthusiastic, if you take the show for what it is - a tongue in cheek swipe at boy bands, Altar Boyz is a fun and entertaining night out. Amen!

q jewellery: LOVE IS IN THE AIR

An innovative jewellery concept launches in Australia. The special bond between two people in love just became even more personal with the unique experience of making each other's commitment rings. Couples can now delight in the experience of handcrafting each other's commitment rings under the guidance of an experienced jeweller.

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"Couples love the idea of wearing a ring made by their loved one. It makes the ring so much more special and meaningful as they have not only created a ring, but a memory that will last a lifetime." Susie said.

to more intricate designs. If couples would like to include diamonds, a mix of metals or engraving, their dedicated jeweller will complete this stage of the process. For an exceptionally personal touch, heirloom jewellery can even be melted down and incorporated into the couple's rings.

The process of making two perfect rings is surprisingly easy, taking only four hours in a fun and romantic setting, and is celebrated with a glass of champagne at the end. The finished rings are guaranteed to be of the highest standard, complete with the look and feel of professionally-made rings, yet containing the memories that they were handcrafted between two loved-ones.

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q style: with CRAIG MICHAELS

Q Style is all about you!

Hi guys well it's that time of the month again and we have had a great response from the Q readers asking us questions about style and fashion. So we have decided to change the format of our article and make it all about you.

The new concept is about you writing in to style@qmagazine.com.au asking me questions about style or fashion that you need me to find answers for. At First Impressions Count we have access to International Image Consultants, Fashion designers, Tailors, Makeup artist, Hairdressers, Interior designers and Event co-ordinators. Our team will be able to answer your questions in regards to Style and Fashion.

Our first questions are from Brett in Collingwood, he asked "I am a straight acting young gay guy and I want to know how I can create my own look or style I know most guys just throw it together and it just works."

- 1.Ok the first thing you need to do is think about the industry you work in or whether you're studying?
- 2.What do you like to do during the week and the weekend?
- 3.Are you looking for a casual street wear look or something that can cross over?
- 4.Then you need to look at what colours work for you?
- 5.What are you most comfortable wearing?
- 6.What is it that you struggle with most when you're getting dressed to go out?

I know this seems like there are a lot of questions but this is where an Image consultant or Stylist can help you. They can go through a full colour analysis to teach you what colours work for you besides the Melbourne favourite black. They would then look at what clothing you currently wear and explain to you about why a particular shape works for someone else but not you.

It is important to give them as much information about yourself so that they can help you create your own style. It is pointless if they dress you up as a college boy when you really want to go for that street wear or young cub look. You need to identify what you like to do to create this look.

Thanks Brett for writing to us. Please contact us at First Impressions Count and we will book you in for a free 1 hour consultation.

The next question is from Paul in South Yarra "Recently I heard the Matt and Jo show talking about when Jo bought a pair of jeans on Chapel Street and was told the same thing that I was told about the hot pair of dark denim skinny jeans that I purchased. This was not to wash them but put them in a freezer and this would kill the bacteria. Is this true after going out and getting trashed at the Market would it really kill the bacteria?"

Actually I heard the same story and was also told this. The truth of the matter is that it does not kill the bacteria but actually stops the "Raw Denim" from washing and losing its colour very quickly. Thanks Paul.



John from St Kilda wrote in and his question was "how do I stop myself from looking older then I am. I know I am forty but there is such a stigma with being out, single, forty and still clubbing. I like younger guys and want to NOT look like mutton dressed as lamb?"

This is a hard one that a lot of people struggle with creating their own personal style from that 18-25, 25-30, 30-40, 40-50 and so forth.

The key to the success in your situation John is a few quick things to consider, these are:

- 1.Are you fit or do you enjoy the good food and great wine?
- 2.Would you say that you have made any conscious decision to change the style you have been wearing for the past 5 years?
- 3.Have you changed your hair style in the past 5 years?

So the things to be aware of is don't wear anything to tight that is not flattering. Ask your friends do they think you need to update your look and ask them to be honest as you have to stand next to them when you're out together.

As we become older our hair and skin colour can also change which means that the colours that we use to wear may not work for us anymore. Hold the t-shirt or shirt up to your face when you are looking in the mirror and see if it either drains the colour from your skin or adds colour? If it adds colour then this will work for you, buy it! Also invest in better quality products spend a bit more on an outfit that makes a great statement and you feel comfortable in. I hope this helps John.

So until next month send your emails to me at style@qmagazine.com.au so I can keep you up dated with the latest style and tips.



generationq.net
headlines for AUGUST

Madonna: 50 and going strong
New column: Not getting sex in the city
Gay rights in Australia: What's next?
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q lifestyle: with PETE DILLON

A monthly review of the world of Food, Bars, and Wine

Food musings this month

I have to admit that attending 40th birthday parties more regularly than 30th's or such has started to give me a mid life crisis that I thought would hit after I turned 40.

The joy, of course, is that I have called several states of Australia, a number in the US and several countries spread across this grand globe of ours... home. In my travels, and working OS I have met many a nice people, men and women, many of whom are hitting that magic age of the mid life crisis - that 40, and my turn is just around the corner.

So attending these parties across the country and the globe has enabled me to eat very well in some recent trips. I wanted to share some special meals that I have enjoyed recently, attending these very soirees.

Stefano's at the Grand Hotel, Mildura

I am a Mildura boy and returning home to celebrate my best mate's 40th to the sunny north of the state allowed me to pop in on an old friend. Stefano di Pieri. This multi award winning chef has a restaurant perched on the edge of the Murray River at the Grand Hotel. Given he owns and operates restaurants and bars around the block, its hard not to find some of his touches somewhere in the Mediterranean on the Murray town of Mildura. As you descend the narrow stairs, excitement builds: there's the frisson of a celebrity chef, and the anticipation of what today's produce-driven degustation menu might deliver 'subject to the whim of the chef'.

Menus change all the time and Stefano is a fan of local produce. This is a special event venue and well worth the one hour flight to enjoy. There are loads to do in the area and they produce some stunning wines in the region.

Muse, Noosa

Situated at the river end of Hastings street in Noosa is newly opened Muse. Melbourne expats Dave and Nikki Nakon opened this venue recently and it is everything that Noosa is about. Muse provides a dining experience that reflects the Noosa lifestyle, offering cozy downstairs dining alongside the constantly running waterfall window, to the airy light upstairs dining room overlooking bustling Hastings street. Classic ingredients have been treated with the respect that they deserve here, and the stylistic

works of Daniel Jarret lend them selves very well in the kitchen.

With beautiful fresh local produce and run by people that obviously care about what they are doing, they just seem to have this completely right. An entree of Seared scallops with cauliflower "cous cous", caramelised pear, raisin and caper puree with a sherry caramel dressing is stunning. Follow it up with Bendelle duck breast with a caramelised shallot; fig and beetroot tart orange puree, sauce poivrade and coffee oil. There are fabulous desserts, and a sensibly priced wine list. Truly cosmopolitan in the heart of beach territory, this is highly recommended.

Glenella Guesthouse, Blackheath, Blue Mountains

Finally, A quick trip to Sydney for a 40th saw me dining in the Blue Mountains at Glenella. Glenella Guesthouse & Restaurant is your ideal Blue Mountains Accommodation choice. Set in the sensational Blue Mountains, less than 1.5 hours drive from the heart of Sydney, the historic Glenella Guesthouse & Restaurant offer exceptional fine dining and excellent accommodation for a weekend getaway or an extended holiday. My friend and I started with White pudding, celeriac mash, shiitake mushrooms and thyme butter and Yellow fin tuna tataki with wasabi and honey yoghurt. Backing up with perfect winter mains, Duck confit with consommé, roasted beetroot, chats and sorrel and a Braised wagyu beef, watercress, roasted eshallot, garlic and chilli with horseradish aioli. All of them were stunning, and left no room for dessert. \$45 per person for a 2 course meal, a nice bottle of red and an open fire and we were, well, very happy.

Take a trip off your local beaten track and try some of these offerings for yourself. There is so much to enjoy in regional Australia and so many restaurateurs who are taking fine produce into strong consideration when preparing menus. Bon Appétit.



q beauty: with GEORGE ALEXANDER

Organic hair & beauty made easy with Organic Systems Australia. Organic Systems Australia was created with the vision of bringing to the Australian market, a range of products that are based on natural and organic ingredients, which are free from harmful chemicals and toxins.

It has been reported that from birth we are exposed to over 200 industrial compounds, pollutants and other chemicals, including dangerous pesticides. Recent reports of chemicals found in the umbilical cord blood of new-borns by the Washington D.C. based Environmental Working Group, detected 287 chemicals. 76 of these cause cancer in humans or animals, 94 are toxic to the brain and nervous system and 79 cause birth defects or abnormal development in animal tests.

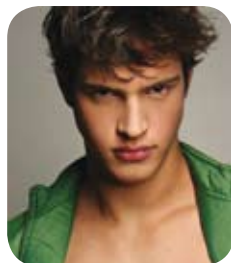
When ingredients are certified organic, it ensures that the process used in growing and cultivating each ingredient is done so without the use of toxic pesticides, fertilizers and other hazardous chemicals. OSA believes by reducing the everyday exposure to these chemicals, we can further reduce the harmful effects that these toxins have on our body.

Organic Systems Australia also adheres to a strict environmental policy, which makes their office systems paper free, energy efficient and carbon neutral. They believe in caring for the environment and reducing green-house effects in every way possible. They are very fortunate to be able to use the latest technologies to make their company as technically efficient and energy resourceful as possible.

OSA believes that their clients should also have a similar philosophy, and adopt an environmentally conscious approach to their businesses and everyday lifestyles. They welcome like-minded people that walk the walk, and talk the talk.

Organic Systems Australia, proudly distributes Organic Colour Systems professional hair colour, Tints Of Nature permanent DIY hair colour, Changes semi-permanent DIY hair colour, Derma e Skin Care, Honeybee Gardens natural make up, organic teas and coffees, as well as a variety of complementary products that complete an organic lifestyle. With the recent launch of their new website, www.organicssystemsaustralia.com.au, now everyone can explore the range of organic hair colour, beauty products and make up without leaving home.

For those who want to colour their hair without the use of toxic chemicals, Organic Colour Systems is the only professional colour range in the world that can offer all the results of chemical colour without the chemicals. No ammonia, ammonia substitutes and it's made of natural and organic ingredients. This means that the colouring process leaves your hair healthier, shinier and there is a definite reduction for those who are allergic to traditional colour.



For those who are looking for an at home colour range, Tints Of Nature is the solution. Rather than using those nasty and toxic home colour products, Tints Of Nature colours are natural and contain organic ingredients that will achieve the same results without the chemicals. For around \$23.00 it's a great investment for the health of your hair and yourself.

Organic Systems Australia is an Australian owned and operated company and distributes throughout Australia. To view their product range and for more information you can contact Organic Systems Australia through their website www.organicssystemsaustralia.com.au, or email them at info@organicssystemsaustralia.com.au

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q pets: **ANIMAL TALK** **WITH LIZA CALLEN**

The Birds That Heard the Call

I was feeling tense that day as I walked to the shoreline. My drum under my arm was feeling as heavy as my heart. It is rather a compulsive habit of mine, carrying a musical instrument whenever I travel more than 20 miles from home. What would happen if I wanted to just burst into song somewhere and I didn't have some beat to go with it?

I arrived at the perfect place, a nice smooth rock 10 feet from the water. Despite my miserable mood, my spirit opened up to the moment. It was a gorgeous day, and I was on vacation. And Hey! There's plenty of other fish in the sea. No more blue ringed octopus for me.

Anyway, I drummed, I sang, then sang some more. My hurt turned to strength, and then disappeared into oneness. Oneness changed to emptiness and then it hurt some more. Sounds like spiritual fun, but I felt purposeless and not very attractive. Alright you guessed it, my boyfriend dumped me.

As waves of rather pathetic self pity washed over me, I began to observe a huge mass of seaweed moving down the coast towards me. I continued to sing, with my eyes mesmerized by this large moving mass in the water. It took 20 minutes or so for me to recognize that this was not algae on the water, but hundreds of seabirds.

My excitement grew as I realized they were coming straight toward me. I couldn't stop drumming; I wasn't going to stop singing. Somehow the seabirds were hearing my call.

A Majestic Procession began as I looked on in amazement. The synchronized flock began to shape in a huge spiral formation. As the seabirds completed the spiral right in front of me they took one deep dive and then flew off in a circular whirl of beating wings.

I scrambled for my camera with one hand drumming, and sing sounds of joy, I snap a couple of shots. At least there is a little proof of them hearing my call. Applause breaks out behind me, I look. There are at least 50 people in the park looking at me.

going to be here tomorrow? They ask.

"I really don't know." I answer to everything. I am going to be OK though, that's for sure. Just then, a guy walks out of the crowd and starts talking about drums with me. His eyes are piercing, his nose is sort of beaky and his feathered haircut is a little out of date. Well, actually, this is a true story so I must be honest. His nose was perfectly human.



Have you got a question for Liza?

Send an email to pets@qmagazine.com.au with your pets name, breed, your first name and general location, if you have other pets as well and of course the main problem/s you are experiencing with your pet.

Your answer will appear in the following month's issue.

 **Liza Callen**

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"How did you do that? "Who are you? "Are you

q travel: with SHEK GRAHAM

Pictures by Shek Graham

Santa Fe Colours

After our sojourn in Palau it was back onto the plane and onward via Hawaii to Los Angeles. Neither of us are fans of the big cities, so after an overnight stay on a local airport hotel, we left for Santa Fe the next morning. To get to Santa Fe we had to fly to Albuquerque and pick up the car that was to carry us for the next 12,000 km. We had decided to get a medium sized car to cope with the Rocky Mountains and our mountains of luggage, and upgraded to a car with a GPS navigator—a relationship saver!!

The drive to Santa Fe was interesting. Driving on the wrong side of the road is a strange experience. I had driven in America before, but that was ten years ago. Being on the left side of the car changes where you have to position yourself in relation to the traffic lanes and it takes a while not to be too far to the right all the time. At interchanges we carefully watched the traffic in front of us to see where they went before daring to turn across the lanes. However, the GPS navigator, once programmed with a destination, was excellent at providing directions even though it didn't like us taking short cuts! We chose an English female voice for her and named her Sybil, and she rarely led us astray.

We finally arrived at our beautiful old hotel in Santa Fe. We were here to do a photographic course being taught by a National Geographic staff photographer Mark Thiessen who has gained particular recognition for his photographs of Russian and Californian fire jumpers for the magazine. National Geographic hold workshops at several other locations, but we were particularly keen to visit Santa Fe as it has been one of those places that was on our "must see" list.

An afternoon stroll round the centre of Santa Fe quickly showed us the magic of this place. Sure, it's very touristy, but the town has managed to maintain its old world charm in spite of the hordes of tourists. All the buildings conform to the Adobe design mandated by the council. Every balcony seems to sport flower boxes filled to the brim with colour. Santa Fe is in the high desert country in New Mexico at about 7,000 ft or 2,100 metres. Just walking around at a normal pace we could feel the difference, so we slowed down to a gentle stroll. After all, why hurry?

As we walked around looking in all the windows of the art and jewellery shops, we noticed the skies darkening, but we were not expecting rain in this dry desert country. However, a short but heavy burst of rain took us by surprise. As we covered under the awnings of some of the shops we watched the most beautiful double rainbow take form. In the midst of the thunder and lightning, we dashed out into the street to take photos! Lucky there was not much traffic. Within minutes the rain was over and the sun came out again, and steam started to rise from the newly washed streets. All the colours seemed brighter and more vibrant, and the wet adobe buildings glowed a beautiful deep red in the lowering sun. Learning to take better photographs in this beautiful place was going to be fun!



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q whispers: with ADDAM STOBBS

You don't want children.

There is a lot of fuss going on about "do homosexuals make good parents". Part of the whole Gay Marriage - civil union - registered relationship thing, seems to get bogged down a lot when the C word is mentioned.

Children with gay parents is a interesting point, but there are few frames of reference that one needs to consider before making up ones mind wether one supports the idea or not. Support or not, it's a reality.

I wanted to share with you a personal story, and this is not easy for me, because I keep my most intense personal stories to myself and to my really close friends. More on that later.

'Out' homosexuals who decide they want to be parents as single people or part of a family can do so, despite the protestation of theocrats etc., it's happening all the time and in increasing numbers.

Some gay people want desperately to have children, and go to extraordinary measures to do so.

Co-parenting with another homosexual of the different gender is the most common one. Surrogacy is the next best thing (and possibly the most likely to be a permanent outcome - you get to keep the child, rather than having to share it), its very expensive, hence my infamous comments on radio describing surrogate children as flamboyant social attachments ("we're rich look at what we can afford") every group of gay dads denies this and find the question insulting, it's not insulting, I have the highest respect for what they have gone through, those children will have some difficult issues later in life, and possibly they will be better of people because of it.

Adoption is off the radar for homosexuals but it will change eventually. Homosexuals can foster children there is not much of a step to being full-time care.

I am a homosexual through and through, not even slightly Hetro-curious and I DON'T want to think about sexual acts with people of other genders (no disrespect). I have by accident through 3 different mothers, created 3 children, I was drunk on each occasion, and the thought of me doing "that" gives me the shudders (once again no disrespect). The mothers all asked me not to be involved in their and their children's lives, OK by me, although I

was willing to make arrangements. The 3 mothers use the fact "your father is gay" as good blame assignment fodder. This approach has brought the kids (now that they are 'adults') to have a generally negative view of me, and they feel as though I abandoned them, even though I respected the mothers request to stay out of their lives. (the families of 2 of them warned me of dire and violent outcomes if I attempted to contact them).

My Children are 35, 29 and 24. My 24 year old son is also homosexual, lives in Melbourne and is in EVERY gay bar. When he came to see me when he was 18 I wasn't sure what to expect, as I had not seen him for 12 years. When he came to visit, I opened the front door to a clone of myself. He has all my characteristics almost exactly, Queenie hand movements, all the usual poofy-campy stuff.

When my oldest sons' marriage broke down (I didn't know he had married), he said it was my fault, for not being there, and not giving him some form of fatherly support. They have reconciled, but they have a son who at 14 looks like he is going to be homosexual. I looked after him for 1½ weeks last year (didn't like being called "Nanna") however as it looks pretty certain he's going to be homosexual - he's Justin from "Ugly Betty" to a tee. Whose fault is it that he is gay? Of course it's me.

29 year old daughter, had difficult time with abusive men, she rationalises that it's my fault because I am gay, and by *abandoning* her she had no father figure to teach her what men are like. 24 year old son, he is the spitting image of me, he loses it BIG TIME if we turn up at the same venues, even more so if I dance shirtless. The big *scene* he performs is spectacular. He had an F Buddy - going steady thing going on, I hadn't met him. Apparently they broke up. I went to a SOPV met a nice young man and spent an hour doing nude prod games. A few weeks later I was at a club, I was near the door and saw this young man arrive, we did the quick on the cheek thing, he went off to see his ex, who was on the other side of the bar. I watched him and then realised that he was my sons ex. They had a quick panicky conversation and looked at me in utter horror. I had engaged (unknowingly) in sex with my sons ex. He told me (and all the other patrons at the bar who were listening to this loud hysterical ranting) what a filthy old slut I was and I was to end up a lonely old queen, etc. I stay away from my son when we are out, although to my smug surprise recently someone asked us if we were brothers.

I never wanted children but I have them and a grandchild, they are greedy selfish and self obsessed (like their mothers), but most of all they are my children, and I do sort of love them. Had I wanted children it would be a different story.

If you are thinking about acquiring children, is it worth it? Some homosexuals make good parents I know that for a fact, and some heterosexuals make good parents. Being a good parent has one main element, you have to give the children your most precious commodity, your time.

Gay parenting and adoption is a serious business, and not for the feint.



q notice:

The Association of Liquor Licensees Melbourne (ALLM) wholeheartedly endorses the police initiative trialed recently in Melbourne. Just having that kind of police presence, on the streets, will make a lot of visitors to the city feel safe. It will, hopefully, deter the undesirable behaviour that has been publicised in recent times.

The ALLM is proposing that this police initiative, along with many others that they have in discussion, will help in the fight against crime and anti-social behaviour in our wonderful city and its fringe entertainment precincts. It will be interesting to see the statistics from this police activity, so that it may be implemented in all the entertainment precincts. If we can stop some of the people that are causing these problems, before they reach our bars and clubs, we can all get back to enjoying ourselves in relative peace and harmony. It must also be kept in mind that any increase in police activity at this time will help lower the crime rates and this will need to be taken into account when Liquor Licensing and the Government decide on the effectiveness of an already farcical lockout trial. The Association would like to see the lock out abandoned and consultation take place with all stake holders to improve on our existing Bar and late night entertainment culture.


Here are just some of the key strategies that the ALLM would like to see further consultation on and thorough investigation of, by the city of Melbourne and all the stakeholders:



1. An increase in police walking the streets to deter anti-social behaviour and have a stern finger on the pulse.
2. An education strategy for ALL Australians on the responsibilities of drinking alcohol and interacting in society.
3. A review and enhancement of our infrastructure to coincide with the push by government to make Melbourne an entertainment city.
4. The public to be made accountable for their actions. There are already penalties in place for committing offences in Melbourne's streets. They just need to be enforced harder and publicised so that the public would think twice about committing these offenses. If they KNEW that they would be held accountable, they would actually start thinking about the repercussions of their actions.
5. The introduction of I.D. scanners would help, in this matter, to deter criminal elements and help in banning these persons in all late night venues across Melbourne. There are, of course, some doubts about privacy, in relation to the I.D. scanners but the ALLM is researching this at the moment. We want to insure that the privacy, of the good people of Melbourne, remains intact.
6. The introduction of a "Code of Practice" for liquor licensees.

There are many more strategies and solutions that are being considered we are making an effort to converse with Liquor Licensing, the councils, government, police and other key stakeholders. Hopefully, together we can arrive at an amicable solution for all, without ruining lives and Melbourne's unique vibrant culture. The easiest way to do this, is for the public to keep voicing their opinions and all licensees to attend their respective accord meetings and get involved in the cleanup of our industry and help start a 'new age of the Bar and late night entertainment Culture' in Melbourne. It must be noted, that Melbourne has been compared to Paris, Berlin, London and other major world players. Let's not go back to "playing second fiddle." Let's move forward and show everyone, that we are the 'MOST LIVABLE CITY IN THE WORLD.'

Contacts; PRESIDENT Carlo Colosimo 0419899708 PUBLIC RELATIONS Vernon Chalker 0419306439 vchalker@bigpond.net.au POLITICAL LOBBYING & SECRETARY Brian Frewin 0412337000 send2brian@yahoo.com



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q diet: with SYMON GASKELL-CROSS



Eat Your Way To Better Sex
As a Dietitian and Wellness Expert I can certainly advocate the statement you are what you eat, and when it comes to ways on how to improve your

sexual performance there is certainly loads of evidence to back it up.

Being socially conscious about this issue, I have highlighted a few dietary foods that will help improve sexual performance, however before I explain about some of these foods here is some recent research showing just how often we are all at. On average we have sex 103 times per year, thats 0.98times per week and for those who live lives to the minute 0.00019 times per minute. Looking at those statistics COME ON PEOPLE we can do better than that

Here are 5 Sexy Super Foods:

Bananas — This fruit is known to have the most potent impact on male sex hormone production, as well as being high in vitamin B which provides the body with improved energy levels for longer sexual endurance.

Avocado — Aztecs called the avocado tree the testicle tree due to the shape of the fruit. Recent research has now shown that this fruit helps provide males and females with improved energy levels as well as improving the fertility of male sperm. Avocado also helps maintain testosterone levels giving males the chance to endure sex for longer.

Asparagus — Not only the ever so slightly suggestive shape of asparagus that acts as a sex booster, but it is also high in vitamin E , which in medical circles is called the sex vitamin. Asparagus before bed certainly sends the passion levels soaring.

Blueberries — Mothers Natures own version of the blue pill Viagra. These little berries are packed full off fibre reducing blood cholesterol and allowing better blood flow. A recent study showed that diets high in blueberries can help reduce erection problems and help men sustain longer sex sessions.

Almonds — As with all nuts almonds provide a source of nutrition to help the body with hormone production. Additional to this an enzyme found in almonds is meant to make the skin more sensitive to the touch, giving partners to the opportunity to experience longer and more sensual foreplay.



Its important to remember that eating a balanced diet is essential to maintain all aspects of general health, along with taking regular exercise to maintain a healthy weight. Most importantly taking part in good mental wellness exercises such as yoga or pilates, all have positive role in ensuring that you have a total sense of wellness.



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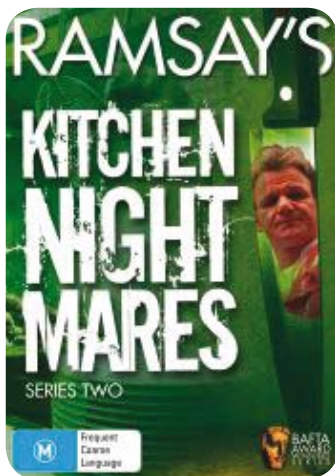
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q movies: STAYING HOME VIEWING



Gordon Ramsay's Kitchen Nightmares

Gordon Ramsay is certainly a colourful character. You have seen his shows on free to air, now you can buy them and watch them to your heart's content at home.

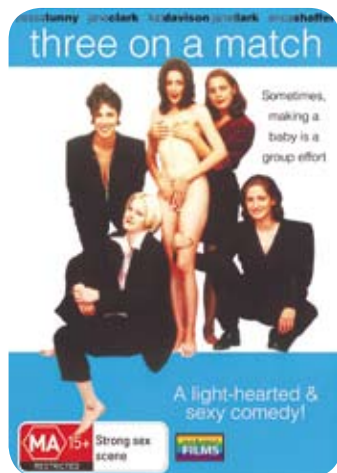
Rancid food, arrogant head chefs, and dangerously dirty kitchens... these are just some of the horrors that await celebrated chef, Gordon Ramsay, in Ramsay's Kitchen Nightmares Series Two. Famous for his explosive personality, fiery temper, and colourful language, Gordon attempts to save eight restaurants from financial ruin. With his passion for food and infamous lack of patience with sloppy standards in the kitchen, he spares no one in his pursuit of restaurant excellence.

Ramsay's Kitchen Nightmares series 2 is available for pre-order now at an exclusive price from shock.com.au Series 1 is out now.

Three on a Match

Every year Annie throws a party where old friends gather for a "Big Chill" weekend. This year the hot topic is Beth and Claire. After living together for a year, Claire is not quite ready for nappy duty and 3am feeding,

but Beth is desperate for a baby and will do whatever it takes to have one.



A fabulous life comedy and available later this month through Out and About Films at all good DVD retailers throughout the country, Three on a Match is obviously a topical film for this day and age, has quite a healthy injection of girl on girl sex, and covers an interesting array of questions and subjects. Well worth a look!

The Line

Accent Films' release of The Line is my final review for this month...and what a great way to end. The Line is one of the best Australian films I have seen for quite a while.

A shooting happens early one morning and a gang leader's grandson is dead. What happens from there though is much more intriguing. What happens when the line between law enforcement and breaking the law becomes blurry - a great Australian drama crime thriller. It gets more exceptional with every twist, turn and example of Police corruption.



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q fashion: with LUKE ADAM-ALLDER

Sadly, I won't be gracing the pages of this publication any further, and for the three of you who have taken the time to read this over the past months, thank you. I realise that whilst I may well be a fashion victim, I am not a fashion writer...and again never the twain shall meet.

So for my final musings, I think it time we addressed fashion for the man over 40. This is not old, in fact men are known to be in their prime at this stage of their life and they need to reflect that through their understanding of what does work and what does not on a frame that has changed in shape and colour.

Unless you spend every waking moment at the gym or involved in some form of exercise, it's time to realise that you are not 20 any more and as such, should not dress like a 20 year old. Hair, skin colour and your general palette have undergone a colour change, and so you need to work with colours that reflect those changes. Clothes that are too tight fitting scream try hard, so wear things a little looser than you did a few years ago.

You also probably have a slightly higher expendable income and so, buy a few classic pieces. A well cut jacket can cover a multitude of sins and need not be expensive. But remember, your body, as much as we all hate to admit it, will change as we continue into the 40's, so spending a few extra quid on a decent jacket is a good investment.

Jeans also remain a staple, but don't wear them too high or too tight. Darker denim suits men better at this age and you can pick up a decent pair (try for a boot cut leg) at any reputable jeans outlet. A cargo pant remains another staple and work well for those that are taller. Camouflage might have to be left behind at this stage, and a dark grey or black cargo will flatter.

It's not about wearing new clothes because you are 40 but wearing things differently. Great arms (biceps especially) and a flat belly or a kicking set of abs can be highlighted with a nicely cut tee. There is nothing sexier than a man with salt and pepper hair, wearing well cut simple black bonds tee and a great pair of denims that show off a nice ass. If that's not you, and let's face it, that's most men over 40, buy a size larger in a tee, so it hangs a little over a chest (or pair of man cans) and flatters rather than flattens the tummy.

Well cut collared shirts also become a staple and if

you can, have a textured one or two of these, again in dark colours, like black, chocolate and charcoal. The fit should be standard cut, or fuller if you are a larger man, and can be worn hanging out under a simple black sweater or a vest. If your forearms are a feature, wear these with the sleeves rolled up a little. It's a good look.

Mostly, it's about working with what you have, not what you wish you had. The bubble butt that served you so well in your 20's may well have succumbed to gravity but with the right underwear and a well cut trouser, still looks great. For those that are larger men, you don't have to start dressing in sacks but find fuller cut upper garments that will cover rather than emphasise those things about you that may not be your best feature.

Finally, have a trip to the dentist and get some whitening happening because the deadly gorgeous smile will win over all.

Thanks again for your support and I wish you happy reading in the future.



q grooming: YOUR Q & A SECTION

Q. My eyes always look tired - how can I give them a boost?

Skin on the eyelids is paper-thin and one of the first areas of our bodies to show the effects of stress, so it's important to care for the skin around your eyes differently from skin everywhere else. Eye gels are a great pick-me-up and moisture boost for the skin, and can help to soothe and minimise the appearance of tired eyes - look for products with ingredients such as chamomile which contains natural anti-inflammatories.

For an added soothing and cooling boost, store your eye gel in the fridge - it's great to cool down tired or sore eyes. You can also help the appearance of your eyes by avoiding items that cause inflammation and dark shadows - such as smokey rooms, not enough sleep, alcohol and stress.

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in bed with: BEN

5 Ways to Destroy Your Dating Confidence

The gay scene is fickle enough without adding to it our own personal issues. So what is the best way you can destroy your dating confidence? Well, here are my tips to get you crapping your daks before the date of your lifetime. **WARNING: Participate in the following and you may as well give up on your sex life right here and now!**

1. Doubt Yourself - When going on a date the last thing that you're going to want to do is to doubt yourself before you step out for that coffee. Re-affirm the things you like about yourself in the hour preceding your date. Be ready at least an hour ahead of time so you can relax and become excited about what lays ahead of you for the day.

2. Wear Clothes that You Don't Feel Comfortable In - We all like to dress to impress to attract that mate, only sometimes we can begin to wear things that we think the other person will like instead of what represents our true personality. Don't start changing yourself for someone else just to impress them; they'll be more impressed with you being comfortable in your own skin than you trying to be someone you're not.

3. Worry About Rejection - I have rejection down to a fine art and that is, "what is rejection? I've never heard of it!" Yep, you can waste your time worrying about why he didn't like you or why he never called you back, or you could just get on with enjoying

your life instead. I know which one I'd prefer! We all get rejected from time to time; it's only a big deal if you make it a big deal. Save your mental energy for something more entertaining, like the new James Bond instead (mmmmmm, James Bond).

4. Sleep with Him on the First

Date - Tip; if you don't like the guy you're on a date with, sleep with him! It's the fastest way to get a guy not to call you back. This is also exactly why you don't ever get a second date! Tease him and leave him wanting more of you. Give it all up straight away and you'll get zip in return. Never expose all of yourself in the first few meetings, (especially your penis you dirty bugger!). That's only for special occasions. Instead give time for each of you to get to know one another, that's what makes the dating experience special.

5. Set High Expectations - Setting high expectations is a recipe for disaster. Go out with the intention that if anything, you're going to have an interesting night and talk to someone different (or not!). Never go out thinking that he's going to be the love of your life otherwise you'll have your little heart broken in two from the word go. What's the big deal if you don't click, if you don't click, you simply don't click! Yell out "next" (obviously not in front of him) and save yourself for someone who deserves your time and attention.

Have you had any funny dating experiences? Send me an email and share them with our readers. I'd love to share you mine but the last time I did that the guy read about it! I tend to forget that sometimes people read my column! Who would have thought?



Q MAGAZINE



Gay and Lesbian Lifestyle at it's Best

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q win: PURE GOLD GOODIES



Melbourne Skydive Centre

At Melbourne Skydive Centre they are passionate about sky diving - they love the sport and look forward to sharing the amazing feeling with you. Grab a friend for one of the best tandem sky diving experiences over the Yarra Valley, as both of you tandem skydive and land into a Yarra Valley Winery for a glass of wine and a 2-course lunch! Enjoy Melbourne's best views and see the stunning Yarra Valley wine region, Melbourne City, Port Philip Bay, French Island and Dandenong ranges.

We here at Q Magazine are ecstatic to have a tandem dive (with lunch and wine) to give away...but we want you to do something a little different to win it. Email in a picture of the craziest thing you have ever done (picture needs to be of reasonable quality and size) to getfree@qmagazine.com.au with **skydive** in the subject line and

you could be off on one of the best experiences of your life.

For more information about the packages available at the Melbourne Skydive Centre go to melbourneskydivecentre.com.au

Doc Johnson

Adult novelty powerhouse Doc Johnson has released a super-sized version of its ever-popular Mighty Mini Brute™ series of vibes. This extra-long, extra-slim toy is just one of many "big" releases from the world famous sex toy manufacturer in 2008. The Mighty Maxi Brute™ features a penis-shaped PVC sleeve, which includes Doc Johnson's proprietary Sil-A-Gel® anti-bacterial additive for the utmost in safety. To complete the package, the sleeve encases a multi-speed, waterproof vibrator made from ABS plastic. It stands at 9" in length to allow for deep insertion and immense satisfaction.

"The incredible popularity of the original Mighty Mini Brute™ line led us to experiment with new versions that would offer the consumer an unrivaled experience," said Chad Braverman, Doc Johnson's Director of Product Development and Licensing. "Using our state-of-the-art, hygienically-superior materials and extensive market research, we've created another top-quality product extension that will stand out on store shelves." The Mighty Maxi Brute™ is the big brother to Doc Johnson's best selling Mighty Mini Brute™ line of vibrators. The vibe is available in Flesh tone, Pink, Clear and Purple.



So get your fingers working and email getfree@qmagazine.com.au OR sms 0429 88 QMAG with **doc johnson** in the subject line to play and hopefully win one of the five we have on offer.

Breck

Last month a bunch of us gathered at Heaven's Door to film the clip for "Joan Jett", this month I am pleased to have 5 of Breck's EPs to give away - featuring that song and a great selection of others.

So work those fingers and email getfree@qmagazine.com.au OR sms 0429 88 QMAG with **breck** in the subject line to play and hopefully win one of them. Congratulations Breck on an excellent release.

* All prizes are open to everyone, except those which specifically state you must be over 18 to enter. Entries close on the final day of each calendar month with the prize draw taking place at 5pm the following day at Apt. 7, 16 Westbury Grove, St. Kilda East 3183. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of QMagazine. All monthly winners are notified by email or SMS.

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q scene: OUT & ABOUT

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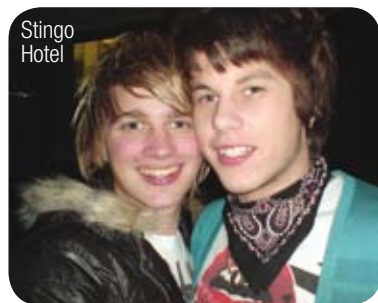
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q scene: **OUT & ABOUT**





On a very cold winters afternoon, JOY 94.9 held their first members rooftop BBQ in their new city premises. Over 200 people enjoyed a meal fit for a queen (catered admirably by DT's Dale and Tules), a cold bevvy or two, and got to see the progress of the new studios and offices. A great time was had by all.





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q cabaret: THE CONSTANT LIFELINE

Emma Wyndham in LITTLE MISS NICE MAKES A MESS

It was just another ordinary day and Little Miss Nice was thinking about all the nice things in her life - her nice job, her nice family, her nice way of looking after people - when she realised something wasn't quite right.

"It seems to me," thought Little Miss Nice, "that I spend most of my life worrying about everyone else's problems, and it isn't very nice at all!"

And so Little Miss Nice set about making some changes. But, as she soon discovered, when things get messy, not everything goes according to plan ...

Directed by Kim Edwards

"Wonderful self-effacing honesty... With so much joy, class and confidence, it's hard to believe that this is the debut show for this talented young performer" — David Allen, Arts Hub

Thursday 7 to Sunday 10 August Thurs - Sat at 9.00pm; Sunday at 8.00pm \$20 full / \$15 concession and for groups of 8 or more

Tamara Kuldin's BOOK OF 'HIMS'

Come and bask in the sorrow and madness of sassy songstress Tamara Kuldin as she dabbles in diva delights, laments lost loves, lap dances to Doris Day, unleashes her melodic roar and sultry serenades ... all whilst holding in her stomach.

Thursday 14 to Sunday 17 August Thurs - Sat at 9.00pm; Sunday at 8.00pm \$20 full / \$15 concession and for groups of 8 or more

SET LIST

Join cabaret superstar Karin Muiznieks ('Give My Regards to Broady'), rock'n'roll nerd Ben McKenzie ('Science-ology')

and musical impro genius Dan Walmsley (Musical Director, 'Impro Sundae') as they present a special preview of their explosive Fringe Festival premiere; Set List.Part homage, part parody, Set List revels in the nuances, characters and stories behind one genre of music — with every note and lyric made up from audience suggestions.



Each night will feature a new musical genre provided by brilliant local musicians, new character comedy provided by Melbourne's best improvisers and a complete Set List of songs provided by you! It's the relaxed joy of your favourite band with all the chaotic thrill of improvised comedy!

Thursday 21 to Sunday 24 August Thurs - Sat at 9.00pm; Sunday at 8.00pm \$20 full / \$15 concession and for groups of 8 or more

REGULAR NIGHTS SPEED DATING AT THE BUTTERFLY CLUB

Book for this event at <http://www.fastmatch.com.au/nextevents?eventId=897&location=Melbourne>



The numerous 'blind dates' that meet at The Butterfly Club now have another avenue to their perfect partner thanks to our friends at Fast Match and your host Colleen. Free double passes to cabaret shows are on offer to anyone who makes a successful 'date match'.

This event on Wed 13 Aug is a special cocktail Fastmatch night, for heterosexuals aged 27 to 39 years. 7.00pm for 7.30pm Price varies month to month — book direct with Fast Match @ www.fastmatch.com.au



THE BUTTERFLY GLEE CLUB

Forget yoga. Forget All-Brn. Forget colonic irrigation. If you really want to do something that makes you feel good inside - just SING. And what better place to sing out than at THE BUTTERFLY GLEE CLUB, the hippest sing-along choir in town. Come along and sing as loudly or softly as you like — there are no solos and no karaoke microphones - just a big ol' group sing. THE BUTTERFLY GLEE CLUB is conducted by the gorgeous and talented Vicky Jacobs who never tells anyone off and lets all singers drink as much wine during rehearsal as they like! Wednesdays at 6.30 pm \$10



The Butterfly Club 204 Bank Street, South Melbourne

Tel 9690 2000 www.thebutterflyclub.com Open: Wednesday through Sunday from 5.00 pm til late

q film: ADELAIDE GETS QUEER FEST

Adelaide film to go all Queer!

South Australian Queer film lovers will now have claim to their own film festival as the Adelaide Queer Film Festival gets ready to take off at the Mercury Cinema for three days in September this year.

The Adelaide Queer Film Festival is being presented to showcase a selection of feature films, short films and documentaries from Australia and around the world that is of interest to and or about gay, lesbian, bisexual and transgender people.

AQFF Event Manager Rohan Shearn says "the timing is right for Adelaide to have its own film festival, For many years Adelaide has missed out on a smorgasbord of queer screenings that is screened elsewhere in other States."

The Mercury Cinema is an ideal location in the heart of the Adelaide's West End Precinct, and community support so far has been great with Gay Destination, Blazemedia and Pixel Pro pledging their assistance for the first festival." He added.

There will be films for boys and films for girls and maybe some for both! There will be high camp fun and romantic tales of queer love. Throw in a few drags and some glitter as Adelaide's queer community comes together for three days of celluloid fun.

The Adelaide Queer Film Festival Program Launch will take place on Thursday 7 August, with the Opening Night set for Friday 5 September 2008. For more information, visit: www.aqff.com.au for details.



q music: TOURS, RELEASES & MORE



SonyBMG

Teddy Geiger is proud to present the launch of TG33. In an industry first, the TG33 fan experience will give Geiger's fans the first taste of 33 newly recorded original Teddy Geiger songs with the opportunity to A&R, listen, rate and vote on which of the new songs they'd most like to appear on Teddy's forthcoming album due for release later this year. Geiger's critically-acclaimed "Underage Thinking" entered the Billboard Top 200 at #8 in March 2006 and yielded a million selling Top 10 single -- "For You I Will" - when Geiger was just 16.

The Ted-Heads Fan Community, launching in tandem with TG33, will offer fans the chance to purchase single tracks, select bundles, or all 33 songs at a variety of price points: \$0.99 (USD) a la carte songs; \$9.99 (USD) for 11 tracks; \$19.99 (USD) for 11 tracks + Fan Club membership/benefits; \$29.99 (USD) for all 33 tracks + Fan Club membership/benefits. Fans can click through the TG33 experience by visiting www.teddygeiger.com

In addition to his new recordings, Hollywood is already buzzing over Geiger's upcoming feature film debut starring as 'Curtis' in The Rocker, the new comedy from director Peter Cattaneo (The Full Monty) with Rainn Wilson (The Office), Christina Applegate (Samantha Who?, Married With Children), Emma Stone (Superbad), Josh Gadd (Back To You). The Rocker is Robert 'Fish' Fishman, the drummer for an eighties hair band. He's living the rock n' roll dream... until he is kicked out of the group. Twenty years later, the desperate rocker joins his nephew's band, 'A.D.D.' finally reclaiming the rock-god throne he's always thought he deserved - while taking his much younger bandmates along for the ride of their lives. The

Rocker opens nationwide September 25, 2008.

Liberator / PIAS

Pop sorceress, iconic diva and multimedia fashionista Grace Jones returns this year to release her first studio album in over two decades, entitled 'Hurricane' in October.

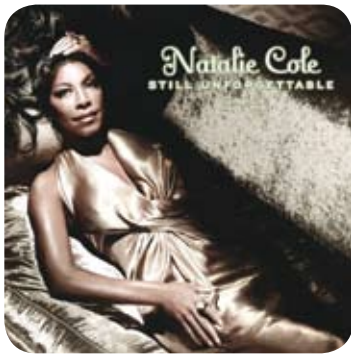
Following her one off London Show at the Royal Festival Hall on June 19th for Massive Attack's Meltdown series of concerts, which received critical acclaim across the board, cult indie label Wall of Sound today announce the release of what will be one of the most anticipated albums of the year, if not the decade. PIAS, parent company of Wall Of Sound, will also distribute the album worldwide excluding North America, they are represented in Australia & New Zealand by Liberator Music.

On the show itself, The Times called it a "sensational return to form", whilst the Telegraph observed that "all around the gawping, whistling, cheering Festival Hall was the sense that this is how a star should be". The Guardian confirmed how "she is an ongoing performance art project... what resonates is not any one song, but Jones' unparalleled presence".

Says Mark Jones, Managing Director of Wall of Sound -- "It's an absolute honour and privilege to be working with Grace. No one has inspired more people whatever race, sex, colour or creed to be who they want to be and so much more. Her new album will not only re-establish her as one of the world's most important artists but also introduce her to a new generation of music lovers".

Jones, who pioneered avant-garde pop, fashion and culture has been working with various purveyors of pop perfection. The album was produced by Ivor Guest and Grace herself and includes performances from Sly and Robbie and Brian Eno. Grace this week, on signing to Wall Of Sound and the new record; simply said 'Grrrrrr'. The London show also saw Jones premiere for the very first time four new tracks for the forthcoming LP, including the much cited 'Corporate Cannibal', a thunderous, epic emotionally charged monster of sonic wonder, illustrating how the 56 year old Jamaican born diva can redefine the boundaries of convention. Her last studio album was Bulletproof Heart, released in 1989 on Capitol Records.





Warner Music

17 Years After The Multi-Platinum Album Unforgettable...With Love, The Grammy® Winning Singer Prepares To Release Follow-Up Collection Featuring Songs From A Rich Period In American Music History And Her Childhood, Including A Very Special Duet With Her Father.

Cole returns on October 11 with the much-anticipated follow-up, Still Unforgettable, a 14-song collection that features her timeless voice and impeccable phrasing as she continues her exploration of American pop standards.

An album she has been waiting years to record, Still Unforgettable is Cole's first producer credit and was recorded in the legendary Capitol Studios in Hollywood, CA. The album features Cole lending her voice to such classic tracks as "The Best Is Yet To Come," "Nice 'N' Easy" and "Something's Gotta Give" as well as a memorable duet

with her late father, Nat King Cole, on "Walkin' My Baby Back Home." To re-create the feel and flow of Unforgettable for the new album, Cole says she delved into the great American Songbook, "looking for more treasures...and I was not disappointed." Other album highlights include "But Beautiful," "Until The Real Thing Comes Along" and the album closer, Cole Porter's "It's All Right With Me."

Beat Broker

The Body Snatchers are 30Hz and Baobinga, two UK boys whose alter egos ride an intergalactic mission for more booty, beats and bass. The duo's flight paths collided in 2006 and the wreckage fell into a stellar frequency.

The Snatcher's have created a sound you'd pick up on the NASA dial. Alien static merged with African rhythms and a whole lot of crunk. Yes, crunk. The aforementioned crunk drives this duo; a mythical brew of booty, beats and bass which ran dry on their respective planets. Leaving his native Washington DC behind, 30Hz landed in Bristol and began tweaking the sounds which would earn him a nomination for Best Single and Album in the 2008 Breakspoll awards. After a juicy collaboration with DJ Pinch of Planet Mu's fame, the track 'War Dub' featured in the box office release 'Children of Men'. Never slowing down, 30Hz also currently runs two dubstep labels; Techtonic and Earwax.



Get a hold of The Body Snatchers *"Feeling Good, Looking Nice, Smelling Right"* new album now in all good music stores.



Vinyl Pusher

Our good friends at Vinyl Pusher are justifiably excited about their second instalment of the highly successful compilation series "It's All About House Music".

This volume brings together the hottest tunes from the house capitals of the world, like Miami, Ibiza and Australia [the country Vinyl Pusher is most committed to]. The double album keeps the successful formula of the previous one mixing classic vocal house with the newest house titles that will undoubtedly be this european summer's greatest hits.

Alex Taylor [who featured at this year's Pride March in Victoria] and J Nititi return to the decks, bringing

their unique flavour and understanding of what it is to mix an uplifting house cd. It's all responsible record now and you should make sure you have a copy.

Shock Records

Sophie Koh's *All Shook Up* comes almost three years after her acclaimed debut *All The Pretty Boys* and follows bouts of writers block, a mixing console blowing up, and a tennis injury that put this amazing artist on crutches for three months.

It is a truly beautifully constructed album [the result of her collaboration with producer J Walker of Machine Translation fame] and one that you should definitely get.



q exhibition: **FABRIC**

MIDDLE PARK'S MATERIAL GIRL

Artist's inspiration is a thing of mystery and intrigue.

Middle Park artist, Pamela Reid, was fascinated when she recognised that the inspiration for her second exhibition came from her mother Vera, who passed away five years ago.

"It wasn't until I was diving into boxes of off-cuts of beautiful Japanese silk fabrics that I realised that this is exactly what my mum used to do," Pamela recalls.

Her latest exhibition titled "fabric" will open 6.30-8pm on Tuesday 5th August at Foyer, Gasworks Arts Park, running from 4th until 24th August.

Long ago memories of visits with Vera to the infamous Job Warehouse in Bourke Street rushed back.

Days with her mother drawing patterns in chalk on newspaper and creating the latest fashions: halter-neck dresses, maxi coats, bikinis, all made from wonderful fabrics. These were memories of her teenage years.

Although Pamela did not inherit her mother's sewing prowess, Vera did instill in her a love of fabric.

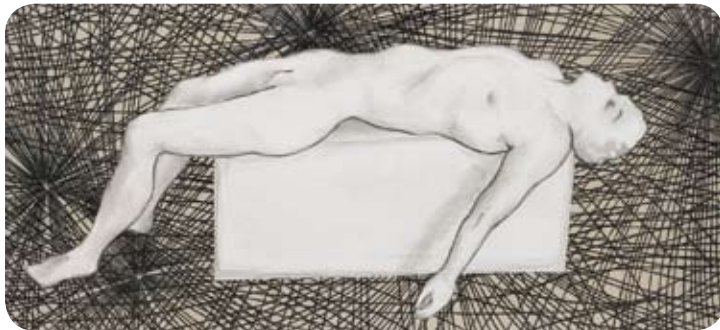
"Each piece of cloth generated thoughts of figurative images to complement and enhance the varying textures and colours," said Pamela. "I wanted to create an image that became one with the material background, while featuring the background as inspiration for the work."

In 2007, Pamela's first solo exhibition at Gasworks Arts Park "Body of Work" was a success, encouraging this working mother to find time and follow her creative path.

This exhibition features the framework of life forms in various medium: pastel, charcoal, ink and watercolour – figurative images that float over the fabrics.

Mother and daughter sharing an aesthetic appreciation.

4 to 24 August 2008, Foyer, Gasworks Arts Park, Corner Graham and Pickles Streets, Albert Park Melways Ref: 2J H7 Free entry: 9am to 5pm, daily Enquiries: t: 03 8606 4200 or www.gasworks.org.au Opening: Tuesday 5 August, 6.30 to 8pm Contains nudity.



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